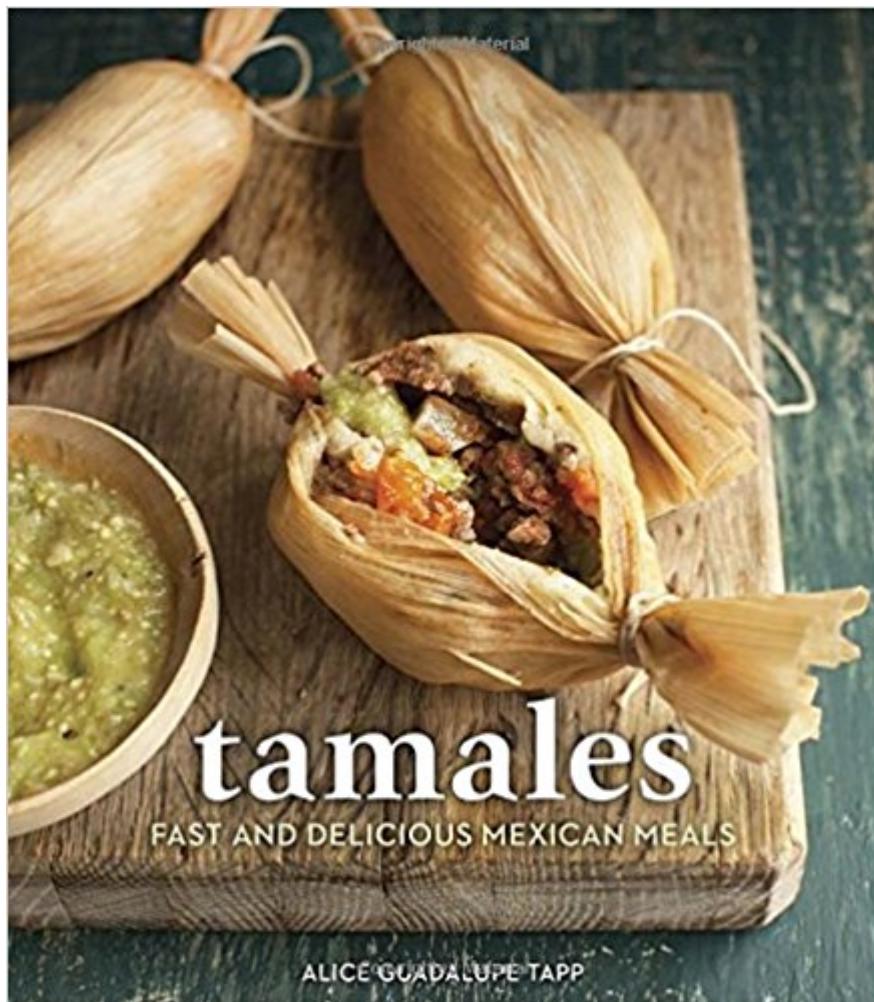


The book was found

Tamales: Fast And Delicious Mexican Meals



DOWNLOAD EBOOK

Synopsis

A cookbook for making delicious, inventive, and fast tamales using time-saving tips and tricks that simplify the prep-intensive traditional process. Tamales are a Mexican favorite, beloved year-round as well as at Christmas, when the whole family traditionally pitches in with the work of tamale preparation and assembly. Thanks to renowned tamalera Alice Guadalupe Tapp, it's now possible to enjoy these delicious treats with a lot less labor. Tapp has worked her tamale magic to turn the classic process on its head by paring it down to three to four steps that can be done in as little as forty-five minutes using handy tips, products, and tools. All sixty dishes in the book are naturally gluten free, and include both classic tamale recipes—such as Chicken Mole, Sirloin Beef, and Fresh Poblano and Potato tamales—and novel recipes such as Chorizo and Egg, Oxtail, and Baked Fig tamales. With this book, tamales are fast and easy enough to enjoy every day, and delicious enough to serve at any celebration.

Book Information

Hardcover: 144 pages

Publisher: Ten Speed Press (October 7, 2014)

Language: English

ISBN-10: 1607745968

ISBN-13: 978-1607745969

Product Dimensions: 7.3 x 0.7 x 8.3 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 31 customer reviews

Best Sellers Rank: #666,679 in Books (See Top 100 in Books) #139 in Books > Cookbooks, Food & Wine > Regional & International > Latin American #149 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Southwest #238 in Books > Cookbooks, Food & Wine > Regional & International > Mexican

Customer Reviews

“This is a fabulous, modern approach to the wonderful world of tamales, with easy to understand techniques and tasty, creative recipes.” — Mark Miller, author of *Tacos*

When ALICE GUADALUPE TAPP was only seven years old, she began helping her grandmother make tamales to sell after Sunday mass. Now Alice is co-owner (with her daughter, Tamara) of

Tamara's Tamales in Marina Del Rey, California. She is the author of *Tamales 101*.

This is a cookbook that is undecided as to its focus. On one hand, it emphasizes the quick and easy ... using canned beef roast. On the other hand, it devotes a full chapter to offal - oxtails, tongue, and other 4+ hour projects. The discussion of corn flour/ corn grits / cornmeal/ polenta/ masa harina / masarepa / masa tamal is incomplete and of questionable accuracy. Alternatives to the tamales are often referenced but without instructions for shaping and cooking the masa. Recipes are given many alternatives - butter, shortening or lard, e.g. - but without any indication of how the choice affects the results. However, the many weaknesses do not result in a useless book. Rather reading the recipes gives a cook an understanding of how the traditional cook looks at a tamale, how they modify it to match the ingredients at hand, how they adapt it to new flavors and ingredients in a new environment. There are also a few specific recipes that caught my fancy - "Coconut Lime Corundas", "Bone Marrow Tamales or Corundas", "Albondiga Meat Tamales". But, no, I will not be trying "Oreo Tamales" in the foreseeable future.

If you need one book on tamales get this. Some recipes make large quantities but most are more practical amounts for a household. What I like best is the author/chef gives alternatives to ingredients which make the tamales and the quantities more user friendly. If you want just a dozen you can make a dozen and not worry about left overs or long sessions in the kitchen to cook vast amounts.

I used to eat tamales many times during the holidays as a child. Now having the recipe , was a great reminder of how they were made. Thank you so much ! 

This is a beautiful Book... as was her first one *Tamales 101*. Alice is knowledgeable and makes it easy to learn and seem like a pro.

Very nice recipe book. Great condition. Thank you

Good recipes

Brilliant!

Ok

[Download to continue reading...](#)

Tamales: Fast and Delicious Mexican Meals Tamales 101: A Beginner's Guide to Making Traditional Tamales Easy Mexican Cookbook (Mexican Cookbook, Mexican Recipes, Mexican Cooking 1) Crock Pot: Delicious Crock Pot Dump Meals, Freezer Meals and More! (Crock Pot, Crockpot Recipes Cookbook, Dump Meals, Freezer Meals, Chicken and Soup Recipes) Make Ahead Meals: Delicious, Healthy, Low Carb Make Ahead Freezer Meals Recipes For The Busy Individual (Frugal Cooking, Meals For One, Cooking For One, ... Recipes, Easy Meals, Slow Cooker Cookbook) Daniel Fast: 50 Plant Based, Whole Foods Daniel Fast Recipes+Daniel Fast Food List And Breakthrough Secrets (Daniel Fast, Daniel Plan, Daniel Plan Cookbook, Whole Foods, Daniel Fast Cookbook) Que vivan los tamales!: Food and the Making of Mexican Identity (Dialogos) (DiÃ±os) A Salud! Vegan Mexican Cookbook: 150 Mouthwatering Recipes from Tamales to Churros CROCKPOT DUMP MEALS: Delicious Dump Meals, Dump Dinners Recipes For Busy People (crock pot dump meals, crockpot dump dinners, dump dinners) Instant Pot Pressure Cooker Cookbook: Easy Recipes and the Ultimate Guide to Fast, Delicious, and Healthy Meals: Healthy, Easy And Delicious Meals With ... Crock Pot, Healthy, Quick & Easy, Paleo,) Mexican Cookbook: Try the Delicious Mexican Recipes with Easy Directions Top Mexican Cooking Recipes: Delicious, Healthy & Easy Mexican Recipes cookbook that you will love Casseroles: 365 Days of Casserole Recipes for Quick and Easy Meals (Casserole Cookbook, Party Recipes, Family Meals, One Dish Recipes, Dump Dinner, Make Ahead Meals) Fast Favorites Under Pressure: 4-Quart Pressure Cooker recipes and tips for fast and easy meals by Blue Jean Chef, Meredith Laurence (The Blue Jean Chef) Primal Blueprint Quick and Easy Meals: Delicious, Primal-approved meals you can make in under 30 minutes (Primal Blueprint Series) Mug Meals Cookbook: 95 Delicious Quick And Easy Microwave Meals In A Mug, Microwave Recipes CROCK POT: Delicious Freezer Meal and Dump Meal Recipes for Busy People (Crock Pot, Crock Pot Cookbook, Crock Pot Recipes Cookbook, Crockpot Cookbook, ... Dump Meals, Crock Pot Freezer Meals Book 1) CAST IRON SKILLET COOKBOOK: Cast Iron Recipes For Delicious One Skillet Meals (Cast Iron Cookbooks and One Skillet Meals) 250 Best Meals in a Mug: Delicious Homemade Microwave Meals in Minutes The Daniel Fast: The Ultimate Guide To The Daniel Fast: recipes, Daniel diet, Daniel plan, Daniel fast for beginners, cookbook, vegan diet, vegan plan, prayer, fasting, weight loss

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help